



PHATS/SPHEM
Annual Meeting
June 21-25, 2012

Program Overview

The mission of the PHATS/SPHEM Annual Meetings is to provide educational and problem solving opportunities for athletic trainers and equipment managers at every level of professional hockey. This is done through our educational symposiums, business meetings, exhibit hall with our many valued vendors and recognition programs for our members.

EDUCATIONAL SYMPOSIUM

At least 18 hours of seminars and workshops are offered to members during the Annual Meetings, with topics and speakers representing the entire spectrum of hockey. The symposium is designed specifically for the needs of hockey professionals and provides a unique opportunity for members to collaborate and build understanding across both professions and leagues. Both the National Athletic Trainers Association, and the Athletic Equipment Managers Association, certifying organizations for both professions, recognizes the PHATS/SPHEM Educational Symposium. The National Athletic Trainers Association, The Canadian Athletic Therapy Association and the Athletic Equipment Managers Association, all certifying organizations for both professions, recognizes the PHATS/SPHEM Educational Symposium.

BUSINESS MEETINGS

The PHATS.SPHEM Annual Meetings offer the most timely and useful educational resources available to professional hockey athletic trainers and equipment managers. Additionally, it provides a unique forum for members to explore the issues that are unique to their work environment. Members meet in general sessions, to share common concerns that exist across all leagues, as well as in league-specific settings, where pertinent issues can be addressed. Because PHATS/SPHEM offers the only such problem solving opportunity, the NHL and most professional hockey leagues send representatives to participate in these important league-level meetings.

EXHIBIT HALL

Another important component of the PHATS/SPHEM Annual Meeting is the Exhibit Hall. Manufacturers have been invited to show their wares since the early days of the Athletic Trainers Association. Even as the number of exhibitors has increased, the friendly atmosphere has remained, making PHATS/SPHEM a favorite of both equipment manufacturers and sports medicine suppliers alike. But, PHATS/SPHEM is not all handshakes and greetings. It remains one of the few working exhibits where members come equipped with purchase orders and serious interest in new technologies and services. Because it is attended by more ice hockey athletic trainers and equipment managers than any other exhibition, PHATS/SPHEM offers exhibitors an exclusive venue for testing and showing new hockey related products.

RECOGNITION

A final objective of the PHATS/SPHEM Annual Meetings is to increase awareness of members' dedication and professionalism. During the annual Hall of Fame Dinner, one member of PHATS or SPHEM is honored for his contribution and service by being inducted into the PHATS/SPHEM Wall of Honor, located in the Hockey Hall of Fame in Toronto, Ontario. In addition to the Hall of Fame presentation, several members are recognized for their years of service during the Annual Recognition Program Ceremony.



PHATS/SPHEM 2012 Tentative Schedule Of Events

WEDNESDAY, JUNE 20, 2012

1:00-5:00pm PHATS Manual Medicine Course with Dave Carrier

THURSDAY, JUNE 21, 2012

8:00-5:00pm Manual Medicine Course continued with Dave Carrier

1:00-5:00pm PHATS/SPHEM Executive Committee Meetings

1:00-5:00pm SPHEM Executive Committee Meeting Breakout

1:00-5:00pm PHATS/SPHEM/FOMA Registration

5:00-7:30pm EMS Re-certification Course with Rick Garner

7:30-9:00pm NHL PHATS/SPHEM Gatorade Reception

5:00pm-Midnight PHATS/SPHEM/FOMA Molson Canadian/Coors Light Hospitality Suite

FRIDAY, JUNE 22, 2012

8:00-1:00pm Exhibit Company Set Up

8:00-8:30am PHATS/SPHEM/FOMA Opening General Session/
Joint Venture

8:30-12:00pm FOMA General Meeting

8:30-9:00am PHATS/SPHEM Vendor Session with Bauer

9:00-10:00am PHATS AHL League Breakout

9:00-10:00am PHATS ECHL League Breakout

9:00-10:00am PHATS CHL League Breakout

9:00-10:00am PHATS NCAA League Breakout

9:00-10:00am PHATS Canadian Hockey League Breakout

9:00-9:30am NHL PHATS: Gatorade

9:00-9:15am SPHEM Enhanced Education: DaveArt

9:15-9:30am SPHEM Enhanced Education: Graf Skates

9:45-10:15am SPHEM Enhanced Education: Vaughn Custom
Sports

9:30-10:00am NHL PHATS: Power Bar

10:00-11:00am PHATS Associate Member Education: Dynamic
Integration of the Myofascial Sling System with Steve Dischiavi, Florida Panthers

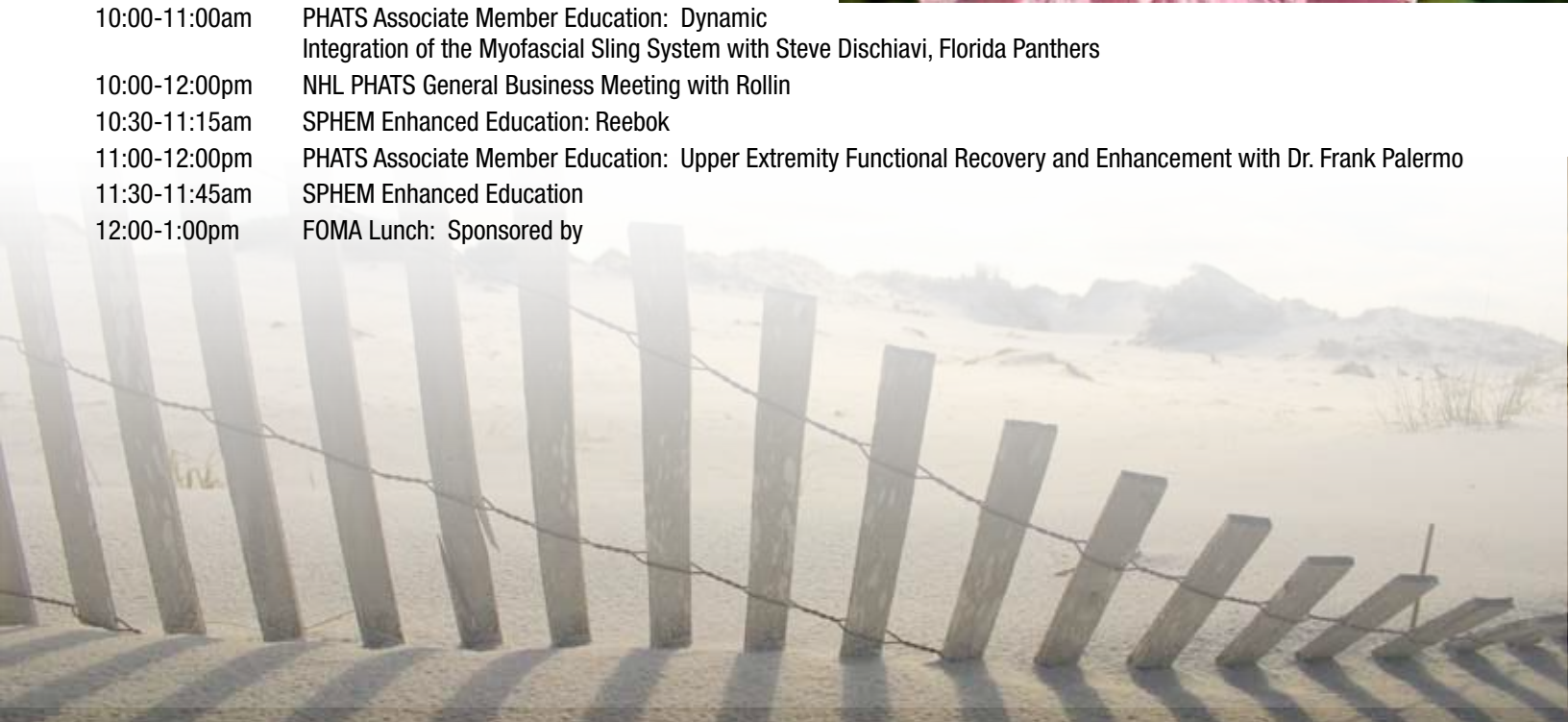
10:00-12:00pm NHL PHATS General Business Meeting with Rollin

10:30-11:15am SPHEM Enhanced Education: Reebok

11:00-12:00pm PHATS Associate Member Education: Upper Extremity Functional Recovery and Enhancement with Dr. Frank Palermo

11:30-11:45am SPHEM Enhanced Education

12:00-1:00pm FOMA Lunch: Sponsored by



Schedule Of Events Continued



	12:00-1:00pm	PHATS Lunch Sponsored by
	12:00-1:00pm	SPHEM Lunch and photo sponsored by Blademaster
	1:00-5:00pm	Exhibitor Registration
	1:00-4:00pm	FOMA General Meeting
	1:00-1:30pm	PHATS Vendor Session: Multi Radiance Medical
	1:30-2:00pm	PHATS Vendor Session: TBD
	1:30-2:15pm	SPHEM Enhanced Education: Easton
	2:00-6:00pm	PHATS Education: On/Off-Ice EMS at Saveology IcePlex
	2:00-6:00pm	Exhibitor Set Up
	2:30-2:45pm	SPHEM Enhanced Education: Shutout Solutions
	3:00-5:00pm	NHL SPHEM Business meeting with Rollin
	3:00-4:00pm	SPHEM AHL League Breakout
	3:00-4:00pm	SPHEM ECHL League Breakout with Reebok
	3:00-5:00pm	SPHEM CHL League Breakout
	3:00-5:00pm	SPHEM NCAA League Breakout
	3:00-3:30pm	SPHEM Canadian Hockey League Breakout with Bauer
	3:30-4:00pm	SPHEM Canadian Hockey League Breakout with Reebok
4:00-5:00pm		SPHEM AHL League Breakout with Reebok
4:00-5:00pm		SPHEM ECHL League Breakout
4:00-5:00pm		SPHEM Canadian Hockey League Breakout
5:15-6:15pm		SPHEM Associate Member Education: Evolution of Skate Radius with Wally Tatomir, Pro Skate Balance
7:30-9:30pm		PHATS/SPHEM Member, FOMA and Vendor Welcome Reception
5:00-Midnight		PHATS/SPHEM/FOMA Molson Canadian/Coors Light Hospitality Suite

SATURDAY, JUNE 23, 2012

8:00-1:00pm	Exhibitor Registration Continued
8:00-12:00pm	Exhibit Hall Set Up Continued
8:00-9:00am	PHATS Education: An Evidence-Based Approach to the Examination & Treatment of the Acromioclavicular Joint with Morey Kolber
8:30-10:00am	NHL SPHEM with Rich Villani, Center Ice
9:00-12:00pm	FOMA General Meeting
9:00-9:30am	PHATS Vendor Session: BiteTech
9:00-10:00am	SPHEM Associate Member Education: Visiting Team Pick Up and Locker Room Set Up with Jason McDonald, Florida Panthers
9:30-10:00am	PHATS Vendor Session: Zico Beverages
10:00-10:30am	SPHEM Associate Member Education: Mark 6 Countouring with Dave Whittle, Blademaster



Schedule Of Events Continued

10:00-11:30am	NHL SPHEM with Reebok Group 1
10:00-11:30am	NHL SPHEM with Reebok Group 2
10:00-12:00pm	PHATS Education: Concussion and Vestibular Therapy with Dr. Ted Carrick
10:45-11:15am	SPHEM Associate Member Education: Black Stone Sports Changing a Bearing on a Machine
11:30-12:00pm	SPHEM Enhanced Education: Warrior
12:00-1:00pm	PHATS Lunch Meeting sponsored by Martek
12:00-1:00pm	SPHEM lunch sponsored by Black Stone Sports/Easton
12:00-1:00pm	FOMA Lunch sponsored by
1:00-2:00pm	FOMA General Meeting
1:00-5:00pm	NHL Events with Rich Villani, Premier, Winter Classic, All Star
1:00-5:00pm	PHATS/SPHEM Exhibit Hall Open
4:30-6:00pm	CPR Re-certification with Rick Garner-EMS
7:00-8:00pm	PHATS/SPHEM Hall of Fame Reception
8:00-10:00pm	PHATS/SPHEM Hall of Fame Dinner
5:00-Midnight	PHATS/SPHEM/FOMA Molson Canadian/Coors Light Hospitality Suite



SUNDAY, JUNE 24, 2012

8:00-8:30am	PHATS Education: Emotional Symptoms in Athletes with PCS by Dr. Westerdahl, Florida Panthers
8:30-9:00am	PHATS Education: Dr. Chow, Ottawa Senators
8:30-10:00am	SPHEM with NHL Operations, Kay Whitmore & Kris King
9:00-9:30am	PHATS Education: Case Studies –The Basics To The Sublime with Dr. Dorshimer, Philadelphia Flyers
9:00-5:00pm	FOMA off site at Bank Atlantic Center
9:30-10:00am	PHATS Education: Articular Cartilage Injuries of the Knee; Evaluation and Current Management Strategies with Dr. Shaffer, Washington Capitals
10:00-11:00am	PHATS Associate Member Education: Workers Compensation Risk Management with Willis/Global Sports



Schedule Of Events Continued

10:00-11:00am	NHL PHATS with Julie Grand, Winne Meeuwisse, & Ruben Echemendia
10:00-11:00am	SPHEM Education Session:
11:00-12:00pm	PHATS: Sutton Medical Technology
11:00-11:15am	SPHEM Enhanced Education: Beek Pro Solution
11:30-12:00pm	SPHEM Enhanced Education: Cascade Sports
12:00-1:00pm	PHATS Lunch Sponsored by Sutton Medical Technology
12:00-1:00pm	SPHEM Lunch Sponsored by Renfrew Tape
1:00-5:00pm	PHATS/SPHEM Exhibit Hall Open
1:00-5:00pm	NHL/NHLTPS Concussion Working Group
7:00-9:00pm	NHLTPS Dinner
5:00-Midnight	PHATS/SPHEM/FOMA Molson Canadian/Coors Light Hospitality Suite

MONDAY, JUNE 25, 2012

8:00-9:00am	PHATS Education: SABH
8:00-12:00pm	NHLTPS Meeting
9:00-12:00pm	PHATS Education: Post Concussion Musculoskeletal Rehabilitation-Evaluation and Treatment of Cervicogenic Symptoms with John Pallof
9:00-11:00am	SPHEM Education: Budgeting
9:00-12:00pm	FOMA General Meeting
12:00-1:00pm	NHLTPS Lunch
7:00-9:00pm	NHLTPS Dinner
12:00-1:00pm	NHLTPS Lunch
7:00-9:00pm	NHLTPS Dinner



WELCOME FACILITY OPERATIONS MANAGERS ASSOCIATION (FOMA)

PHATS/SPHEM is excited to once again welcome the NHL's Facility Operations Managers Association (FOMA) to our annual meeting. FOMA, along with the support of Serving the American Rinks (STAR) and the Ontario Recreation Facilities Association (O.R.F.A.) will be conducting educational programs and association business throughout the week.





Continuing Education

NHL ATHLETIC TRAINERS

20.5 Continuing Education Credits
(NATA Provider #490)

8.4 Continuing Education Credits for the CATA

ASSOCIATE ATHLETIC TRAINERS

21 Continuing Education Credits for the NATA
8.4 Continuing Education Credits for the CATA

ALL EQUIPMENT MANAGERS:

2.0 Continuing Education Credits for AEMA

*Credit hours are subject to change based on the final meeting agenda.

***In order to receive your CEU credits, all meetings as well as the exhibit hall must be attended. Post Meeting critiques are to be completed by all members. PHATS CEU certificates will be emailed to the members after the conference. SPHEM CEU's will be submitted directly to the AEMA.

Additional Conference Information

CONFERENCE CANCELLATION POLICY/REFUND

A full refund will be given for cancellations made before June 1, 2012. A 50% refund will be given for cancellations between June 2nd and June 9th. No refund will be given for cancellations made after June 9th.

DRESS

Appropriate dress is business casual attire.

CONFERENCE CONTACT INFORMATION

The PHATS/SPHEM website is an excellent source for updated conference information. Browse at www.phats-sphem.com. For other conference information, please contact the PHATS/SPHEM office at 888-460-9003, or admin@phats-sphem.com



Events



NHL GATORADE RECEPTION

(Private reception for the NHL trainers and equipment managers)

When: Thursday, June 21

Where: Harbor Beach Marriott Resort and Spa

Time: 7:30-9:30pm

WELCOME RECEPTION

Kick off the Annual Meeting by attending the Welcome Reception. A great networking opportunity for all Members, FOMA and Vendors to socialize in a casual environment.

When: Friday, June 22nd

Where: Harbor Beach Marriott Resort and Spa, Ocean Terrace

Time: 7:30-9:30pm

Fee: \$75 for Vendors and Guests



PHATS/SPHEM HALL OF FAME RECEPTION AND DINNER

Celebrate honoring a former SPHEM member as he is inducted into the PHATS/SPHEM Wall of Honor at the Hockey Hall of Fame. The honoree and guest speaker will be announced shortly.

When: Saturday, June 23rd

Where: Harbor Beach Marriott Resort and Spa, Ocean Ballroom

Time: 7:00-10:00pm

Fee for Guests or Vendors: \$100



Speaker and Meeting Session Overview

FRIDAY, JUNE 22

10:00-11:00am: Dynamic Integration of the Myofascial Sling System with Steve Dischiavi

Session Overview: Human movement occurs across multiple planes using interconnected slings. These slings are how the body generates, uses, and then disperses energy. These slings must be mobile enough and stable enough to allow force production to move through them as easily and efficiently as possible. Utilizing Finish First's method of Dynamic Integration of the Myofascial Sling System is a cutting edge protocol designed to make you a master of human movement. These exercises are designed to activate your pelvic floor, diaphragm, deeper core muscles, gluteals and multifidus muscles, which are major pelvic and lower back stabilizers. The exercises can be used as a progressive dynamic warm up before getting on the ice or they may be used as an in-season conditioning program to maintain core strength and activation of all the slings. The differences in the program will be outlined within this lecture and you will be able to selectively choose slings that you feel need more work getting activated. Everyone's dynamic warm up will be slightly different and can vary depending on position, injury history, pelvic tilt angle, hydration levels, age, and countless other variables. The key is to identify your athlete's weak links throughout the program and then selectively choose the right dynamic warm up for your athletes.



Speaker: Steve Dischiavi
Steve Dischiavi, MPT, ATC, MTC, CSCS is currently in his seventh season as the physical therapist and assistant athletic trainer for the NHL Florida Panthers. He is a certified manual therapist from the Ola Grimsby Institute. He is certified in an advanced soft tissue mobilization and integration system called Active Release Technique (ART) for the hip, pelvis and lower extremities. Along with biomechanical video analysis, Steve has made manual therapy the cornerstone of his practice philosophy. During his 15 years of sports medicine practice, Steve has had clinical experience working with professionals in the NBA, MLB, LPGA, as well as Olympic athletes. Prior to the 2008 Summer Games in Beijing, he rehabilitated Olympic swimmer Dara Torres where she went on to capture three silver medals. In the off-season Steve works at his private practice, Finish First Physical Therapy & Athletic Conditioning located in Weston, FL. He holds an adjunct faculty position at Nova Southeastern University where he currently teaches an elective on Sports PT within the Transitional Doctor of Physical Therapy (tDPT) curriculum. Steve is currently in the midst

of his own pursuit of a doctoral degree, which will be completed in March of 2013. Please visit Steve and learn more about him and his practice at www.finishfirstpt.com

11:00-12:00: Upper Extremity Functional Recovery and Enhancement with Dr. Frank Palermo

Session Overview: Recovery of function in upper extremity injury with attention to the forearm while including the neuromuscular chain from the scapula to fingers.

Slash injuries to forearm muscles, tendons and nerves. General and special considerations.

Diagnostic techniques for the locker room and clinic.

Injuries of concern and those not to worry about.

Treatments to speed recovery.

Special strength testing maneuvers.

Proximal involvement and added techniques to reverse these secondary problems.



Speaker - Frank Palermo, MD Medical Director ACP
Physical Medicine physician with 10 years experience as team physician and consultant for AHL New Haven Nighthawks and Colorado Avalanche.

1:00-5:00 pm: On/Off-Ice EMS at Saveology IcePlex with Rick Garner

Session Overview:

"Use of the PHATS RED BAG in Emergency Medical Situations".

Emergency's On Ice: (20 min each station)

- 1) Head injury with seizure on ice:
- 2) Player with partial paralysis on the bench:
- 3) Cardiac Arrest behind the net:

Locker Room Emergency's: (20 min each station)

- 1) Coach with dizziness, hypotension, and decreased LOC:
- 2) GM with Chest Pain:
- 3) Airway Management updates and review: O2 Mask, OPA, NPA, BVM, Laryngoscope, Magills, King Airway



Speaker: Rick Garner
Captain Paramedic, Phoenix Fire Department
FEMA Team Member / Arizona Task Force 1 (AZ-TF1)
American Heart Association, ACLS/PALS Instructor
Manager, PRO SPORTS EMS LLC. (The Sportsmedics)

Speaker and Meeting Session Overview Continued

EMS Coordinator / Team Paramedic, NHL Phoenix Coyotes
EMS Coordinator / Team Paramedic, Fiesta Bowl, Insight
Bowl, and BCS Championship Game

5:15-6:15pm: Evolution of Skate Radius with Wally Tatomir, Pro Skate Balance

Session Overview: Profiling, contouring, balancing



Speaker: Wally Tatomir

Wally Tatomir is in his 17th season as an equipment manager with the Hurricanes franchise. One of the most innovative equipment managers in the league, Tatomir holds four patents on equipment used in the field, including two pieces that help precisely sharpen skates: the quick square and dial indicator for angle of deviation of skate blades. Tatomir also helped develop and patent a skate blade finishing tool, which removes all skate burrs on blade edges, leaving skate blade edges clean and smooth for better mobility. In 1998, Tatomir invented "Eze-Out," an extraction method for removing broken blades from aluminum, graphite and composite stick shafts. In 2005, he designed and filed for a patent on a machine that precisely balances skates, and formed a company called Pro Skate Balance. Tatomir served as equipment manager for the Eastern Conference at the 2004 NHL All-Star Game in Minnesota and for Team Staal at the 2011 NHL All-Star Game in Raleigh.

Tatomir has been in the equipment business for more than 30 years. Prior to joining the franchise as an equipment manager in 1994, Tatomir served as an equipment consultant for the Los Angeles Kings and the Detroit Red Wings. The Leamington, Ont., native also spent many years working in the Ontario Hockey League (OHL) with the Windsor Spitfires and Detroit Junior Red Wings

and served as equipment manager for Canada's national junior team at the 1987 World Junior Championships. Wally and his wife, Constance, reside in Raleigh.

SATURDAY, JUNE 23

8:00-9:00am: An Evidence-Based Approach to the Examination and Treatment of the Acromioclavicular Joint with Morey Kolber

Session Overview: This session will provide participants with an evidence-based approach to the examination and treatment of acromioclavicular (AC) joint disorders. Evidence-based clinical tests designed to detect AC joint disorders will be presented, including a discussion of their diagnostic validity. The merits and limitations of common interventions will be presented from a physiological, biomechanical and evidence-based perspective where applicable. Audiovisuals will be used to illustrate tests and interventions.



Speaker : Morey Kolber, PT, PhD, OCS, CSCS

Morey Kolber, PT, PhD, OCS, CSCS is an associate professor at Nova Southeastern University, Department of Physical Therapy, in Ft. Lauderdale Florida. He holds a board certification in orthopaedic physical therapy

and is a certified strength and conditioning specialist. He is the assistant editor in chief for Strength and Conditioning Journal and was a recent co-editor of the Sports Medicine special issue. His research on shoulder disorders has been featured in numerous refereed journals and nationally circulating magazines.



Speaker and Meeting Session Overview Continued

9:00-10:00am: Packing for a Road Trip, Jason McDonald, Florida Panthers

Session Overview:

Speaker: Jason McDonald

10:00-10:30 am: Mark 6 Countouring with Dave Whittle, Blademaster

Session overview: Scientific Research Study (on Mark 6 Contouring) results will be released to the public/announced for the first time at the SPHEM Meetings.

Speaker: Dave Whittle, Blademaster Sales/Technical Rep

10:00-12:00pm: Sports Concussions: Brain and Vestibular System with Dr. Ted Carrick

Session Overview: Dr Carrick has over 33 years of clinical specialty experience in the treatment of brain injuries and attends patients from around the world, including many professional athletes and olympic medalists. He will present an overview of what the trainer might be able to do for his/her athlete when a head injury occurs. Hewill detail hands on examination techniques that will allow the trainer to monitor status and treatment applications. Further he will explore the complex interactions of the brain in both health and injury. Trainers must be skilled in current examination procedures that will promote their ability to work within the health care team. They should know when to refer and who to refer to for a variety of head injuries. Dr Carrick will talk of the applications and research that he is currently involved in and use real case scenarios to demonstrate examination and treatment parameters. The lecture will be a combination of hands on and case presentation and is designed to maximize familiarity and skill acquisition in this very important area of sports training.



Speaker: Dr. Ted Carrick
Frederick R Carrick, DC, PhD, DACAN, DABCN, DACNB, DAAPM, FACCN, FACFN, FEAC (NEUROLOGY), FRCPN, FACFN, FABES, FABCDD, FABVR, FICC

Frederick Carrick is Life University's Distinguished Professor of Neurology, Logan University's Distinguished Post Graduate Professor of Clinical Neurology, Parker University's Professor Emeritus of Neurology, Professor Inatado of Neurology, Havana Institute of Neurology and Neurosurgery and Professor Emeritus of Neurology at the Carrick Institute for Graduate Studies. His PhD dissertation is entitled "neurophysiological implications in learning" and he has Board Certification and Fellowship Credentials in

Neurology and varioussubspecialties. Prof Carrick has maintained an International Specialty Practice for 33 years and is a noted, clinician, educator and researcher. He is the recipient of a multitude of global professional and societal awards. His lectures and clinical applications have evoked change throughout the world.

10:45-11:15 am: Black Stone Sports

Session Overview:

Speaker :

12:00-1:00 pm: Lunch with Martek

Session Overview:

Speaker :

SUNDAY, JUNE 24

8:00-8:30 am: Emotional Symptoms in Athletes with PCS by Dr. Westerdahl, Florida Panthers

Session Overview: Discuss behavioral symptoms associated with concussion and PCS in athletes. Will provide a review of the literature on this topic, present a few cases, and discuss treatment options for emotional symptoms in athletes with PCS.



Speaker: Dr. David Westerdahl
David N. Westerdahl, MD, FAAP is a Staff physician for the Department of Orthopedics at Cleveland Clinic Florida. He completed a Primary Care Sports Medicine fellowship in the Department of Orthopedic Surgery at Cleveland

Clinic's main campus in Cleveland, Ohio.

With a background in primary care and sports medicine, Dr. Westerdahl manages a wide range of non-operative orthopedic and sports medicine injuries. He serves as Team Physician for the Florida Panthers and Team Physician for The USTA Player Development Center in Boca Raton, Florida. His specialty interests include sports injuries, medical orthopedics, exercise related medical disorders, musculoskeletal ultrasound, nutritional supplements and performance training.

8:30-9:00 am: Dr. Chow, Ottawa Senators

Session Overview:



Speakers: Dr. Donald Chow
Dr. Donald Chow, Orthopedic surgeon, Head Team Physician Ottawa Senators Hockey Team, and educator. Queen's University (M.D. 1981), (RCPSG Specialist 1986).

Speaker and Meeting Session Overview Continued

Dr. Chow has a sub-speciality in spinal surgery and sports medicine. Hospital appointment includes The Ottawa Hospital. University appointment (University of Ottawa) and is an assistant professor in the orthopedic surgery division. Dr. Chow has worked for the Ottawa Senators since 1992. He was also the tournament doctor for the 2009 World Juniors and for Team Canada World Hockey Championships. Dr. Chow is a member of The Guardian Angel Honour Roll and is very active in the community in various fundraising causes (The Brain Injury Associate) across the Ottawa Valley area. He is married to his beautiful wife, Angela Chow, Ph.D., and has two children Andrei and Lara.

9:00:00-9:30 am: Case Studies – the Basics to the Sublime with Dr. Dorshimer, Philadelphia Flyers

Session Overview: Dr. Dorshimer will present various cases relating to the hockey player and injury.



Speaker: Gary W. Dorshimer, MD, FACP, Head Team Physician, Philadelphia Flyers
Dr. Dorshimer is in his 28th year as an internist with the Flyers. Dorshimer, 56, is currently on the medical staff at Pennsylvania Hospital. He practices general internal medicine and sports

medicine as part of Delancey Medical Associates. He serves as the Assistant Program Director for the Primary Care/Sports Medicine Fellowship program of the University of Pennsylvania Health System which is now supported by the Children's Hospital of Philadelphia.

Dorshimer, a member of the NHL Team Physicians Society, serves as the secretary and treasurer of the NHL Team Physicians Society since 1987. Through the NHL, he also served as an internal medicine consultant for the NHL players at the 1998, 2002 and 2010 Winter Olympics. He has been the Team Internist with the Philadelphia Eagles since 1998. He is a member of the NFL Physicians Society and has served as an at-large representative to

the executive committee of the Society from 2003-07. He has also been a team physician for the Philadelphia Phantoms (AHL), Kixx (MISL), Rage (WABA), and professional women's soccer.

He served as a consulting internist for the Pennsylvania Ballet. He is a member of the advisory committee to the Pennsylvania Athletic Trainers Society, and recipient of the Eastern Athletic Trainers Association David G. Moyer Award in 2010.

He was the NFL Physicians Society representative to the NATA Consensus Conference on Sickle Cell Trait in Athletes in 2006. He has served as the Co-Chair for the 2009 NFL Physicians Society/AOSSM Symposium on Sports Medicine in Football, held May 2009

in San Francisco. He is serving as Co-Chair of the 2013 NFL Physicians Society/AOSSM Symposium. He has spoken at several NFL/AOSSM and all

NHL/AOSSM Symposia on Sports Medicine.

9:00-9:30 am: Articular Cartilage Injuries of the Knee; Evaluation and Current Management Strategies with Dr. Ben Shaffer, Washington Capitals

Session Overview:



Speaker: Dr. Benjamin Shaffer

Dr. Benjamin Shaffer is in his twelfth year with the Washington Capitals as head team physician. He is the President of the NHL Team Physicians Society, and serves as assistant team physician to the Washington Wizards. He has also served

as head team physician for the Washington Nationals, the Washington Freedom and the Georgetown Hoyas.

Dr. Shaffer practices orthopaedic sports medicine at WOSM, Washington Orthopaedics and Sports Medicine, with offices in Washington, D.C. and Chevy Chase, Md.



Speaker and Meeting Session Overview Continued

10:00-11:00 am: Cosamin ASU MD

Session Overview:

Speaker:

11:00-12:00 pm: Wrist/Hand Injuries

Session Overview:

Speaker:

MONDAY, JUNE 25

9:00-12:00 pm: Post Concussion Musculoskeletal Rehabilitation – Evaluation and Treatment of Cervicogenic Symptoms with John Pallof

Session Overview: While headache related symptoms of cervicogenic origin have been acknowledged, researched, and treated for a significant length of time, this component is often overlooked in the evaluation and treatment of concussed athletes. There is usually some sort of cervical trauma that occurs with a concussion, and it is essential to assess and treat the cervical spine in order to obtain full recovery in an expedient manner. The cervical component of post concussion syndrome can contribute to dizziness, visual disturbances, tinnitus, and especially headaches. This presentation will cover topics including:

- Pertinent anatomy.
- Physiological basis of symptoms.
- Assessment of the craniocervical complex – including ROM, segmental mobility, strength, instability, vertebrobasilar insufficiency testing (VBI), neural tension
- Manual treatment of the cervical spine.
- Exercise prescription for the concussed athlete.



Speaker: John Pallof, PT, OCS, COMT, CSCS
www.pallofpt.com

John is a physical therapist specializing in sports medicine and orthopedics, and is also a practicing strength and conditioning coach.

John graduated in 1997 from the University of Connecticut with his Bachelor's degree in Physical Therapy. His qualifications include:

- John is a board certified specialist in orthopedics (OCS), as administered by the American Physical Therapy Association.
- Has earned the designation of Certified Orthopedic Manual Therapist (COMT), after a rigorous educational series via Maitland Australian Physiotherapy.
- Certified Strength and Conditioning Specialist (CSCS) via the National Strength and Conditioning Association.

John has treated athletes of all levels, from youth to professional, from all sports. He presently provides rehabilitation and training to athletes of all sports, including a significant number of ice hockey players who reside in the Boston area during their offseason. He also regularly consults with the Worcester Sharks of the AHL.

John's specialty is incorporating manual therapy into the treatment of athletes. He is proficient in multiple approaches, including Maitland based joint mobilization, manipulation, muscle energy technique, and soft tissue treatments. John combines this approach with corrective exercise and training strategies.



Hotel Accommodations

HARBOR BEACH MARRIOTT RESORT AND SPA

3030 Holiday Drive
Fort Lauderdale, FL 33316
(954)-525-4000 phone
(954)-766-6152 fax

www.marriottharborbeach.com

The Harbor Beach Marriott Resort and Spa is Fort Lauderdale's premier oceanfront luxury resort. It's recent 50 million dollar renovation is reflected in the ambience, vibe and spectacular views of the Atlantic Ocean.

Hotel Fact Sheet

PHATS/SPHEM room block dates: June 21-June 25, 2012

RATES: \$195.00 per night single or double occupancy.

TAX: 11% tax per night.

CUT-OFF DATE: All reservations must be made by May 28, 2012 to guarantee the group rate.

RESERVATION NUMBER: 888-789-3090 or 954-525-4000 Ask for the PHATS/SPHEM rate.

CANCELLATION POLICY: You must cancel 3 days prior to your arrival date to avoid any penalties.

CHECK-IN TIME: 4:00PM

CHECK-OUT TIME: 11:00AM

Hotel & Location Highlights

Transportation:

The hotel is only 15 minutes from the Fort Lauderdale International Airport.

Taxi Service is available for \$20.00 one way.

Parking:

Self-parking at the Harbor Beach Marriott Resort and Spa is \$25.00 and Valet Parking is \$31.00 per night for overnight parking.

- Fort Lauderdale to:
 - Key West: 200 miles
 - Miami: 30 miles
 - Palm Beach: 40 miles
 - Naples: 100 miles
 - Orlando: 200 miles
- 15 minutes or 4 miles from Fort Lauderdale International Airport
- Beautiful beaches and crystalline ocean waters
- Signature Day Spa
- Fitness Center
- Exquisite on property dining: 3030 Ocean, Riva, Sea Level and Ocean Bar, Beach Bar, Starbucks
- Tennis
- Beachside Buddies: supervised children's program
- Water Taxi Mansion Tour
- Water sports galore
- Biking/kayaking
- Horseback riding
- Championship Golf Courses nearby
- Everglades Tour
- Fishing Offshore and Backwater
- Butterfly World
- Scenic Jogging trails
- Exclusive shopping within minutes
- Newly renovated hotel rooms and public spaces

2012 PHATS/SPHEM Annual Meeting Registration Information

Please visit www.phats-sphem.com to register for the annual meeting. All meeting registrations will be on-line registrations. You will receive a confirmation via email when your registration has been received. Hotel reservations at the Harbor Beach Marriott Resort and Spa in Fort Lauderdale can be made directly from the PHATS/SPHEM website as well.

MEMBERS

MEETING REGISTRATION FEES

Registration fee: \$300 (includes one ticket to the Welcome Reception and Hall of Fame Dinner)

CPR: \$30

Additional Hall of Fame Dinner Ticket: \$100

Additional Welcome Reception Ticket: \$75

Late registration: \$50, after May 20th \$100 after June 1st

MEMBER DUES

**Membership Dues for the 2012-2013 Season are due at the time of the meeting registration. (Dues paid prior to February 15, 2012 are considered dues for the 2011 hockey season)

Membership dues are as follows:

ATHLETIC TRAINERS:

NHL Head Athletic Trainer: \$300

NHL Assistant Athletic Trainer: \$300

All Other Athletic Trainers: \$50

EQUIPMENT MANAGERS:

NHL Head Equipment Manager: \$300

NHL Assistant Equipment Manager: \$300

All Other Equipment Managers: \$50

NHL FACILITY OPERATIONS MANAGERS:

Registration fee: \$300 (includes one ticket to the Welcome Reception and Hall of Fame Dinner)

CPR: \$30

Additional Hall of Fame Dinner Ticket: \$100

Additional Welcome Reception Ticket: \$75

Late registration: \$50, after May 20th \$100 after June 1st

GUESTS

If you are not a member of PHATS/SPHEM or FOMA, please contact the PHATS/SPHEM office at 888-460-9003 or email at admin@phats-sphem.com to register.

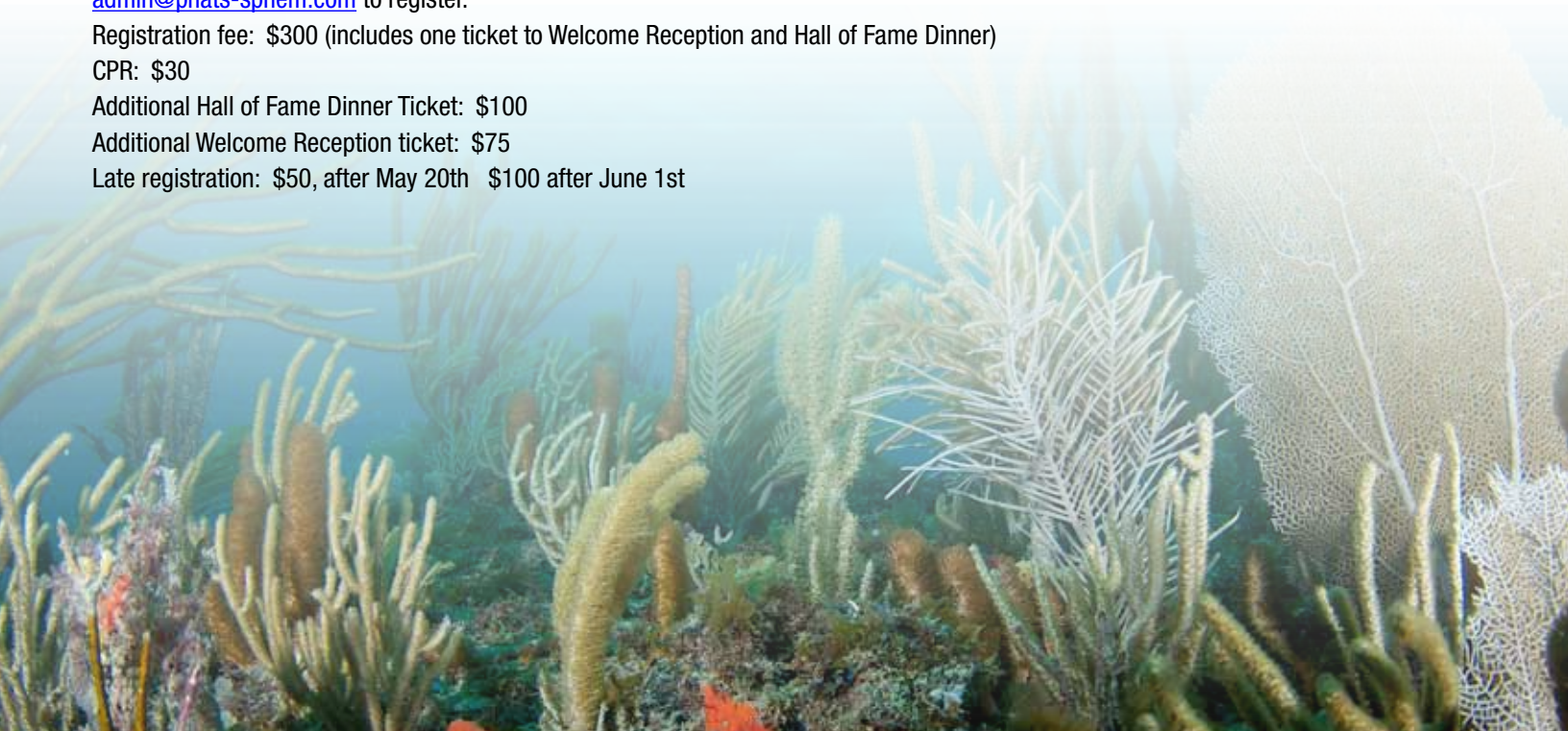
Registration fee: \$300 (includes one ticket to Welcome Reception and Hall of Fame Dinner)

CPR: \$30

Additional Hall of Fame Dinner Ticket: \$100

Additional Welcome Reception ticket: \$75

Late registration: \$50, after May 20th \$100 after June 1st



Exhibitors

EXHIBITORS

THE EXHIBIT HALL is located at the Harbor Beach Marriott Resort and Spa in the Grand Ballroom.

Standard Booth Package

8' x 10' (depth x width) of Exhibit Space\$1200.00

Includes: All pipe and drape, carpet, exhibitor identification sign, 6' skirted table, 2 chairs and one wastebasket.

EXHIBITOR SCHEDULE (subject to change)		
Friday, June 22, 2012	1:00-5:00pm 2:00-6:00pm 7:30-9:30pm	Exhibitor Registration Exhibitor Set up PHATS/SPHEM/FOMA & Vendor Welcome Reception
Saturday, June 23, 2012	8:00-12:00pm: 1:00-5:00pm 7:00-8:00pm 8:00-10:00pm	Exhibitor Setup continued Exhibit Hall Open Hall of Fame Reception Hall of Fame Dinner
Sunday, June 24, 2012	1:00pm-5:00pm 5:00pm-8:00pm	Exhibit Hall Open Exhibit Hall Breakdown

PHATS/SPHEM welcomes you to attend our 2012 Exhibition.

Booth location will be determined by you, the vendor, and is based on a first come, first served basis. Once you register, an exhibit hall floor plan will be emailed to you to select your booth location.

The exhibit company is Heritage Exposition Services. When your registration form is received, Heritage Expo will email you an exhibitor's kit in April. You can contact them at 314-534-8500 or www.heritageexpo.com, info@heritageexpo.com for additional information.

The Exhibit Hall is located at the Harbor Beach Marriott Resort and Spa in the Grand Ballroom.

Payment is required at time of registration. Reservations received without payment will be released after 10 days.

Registrations received after May 20th will incur a \$100 late fee.

ADDITIONAL COSTS:

Vendors are invited to the following events:

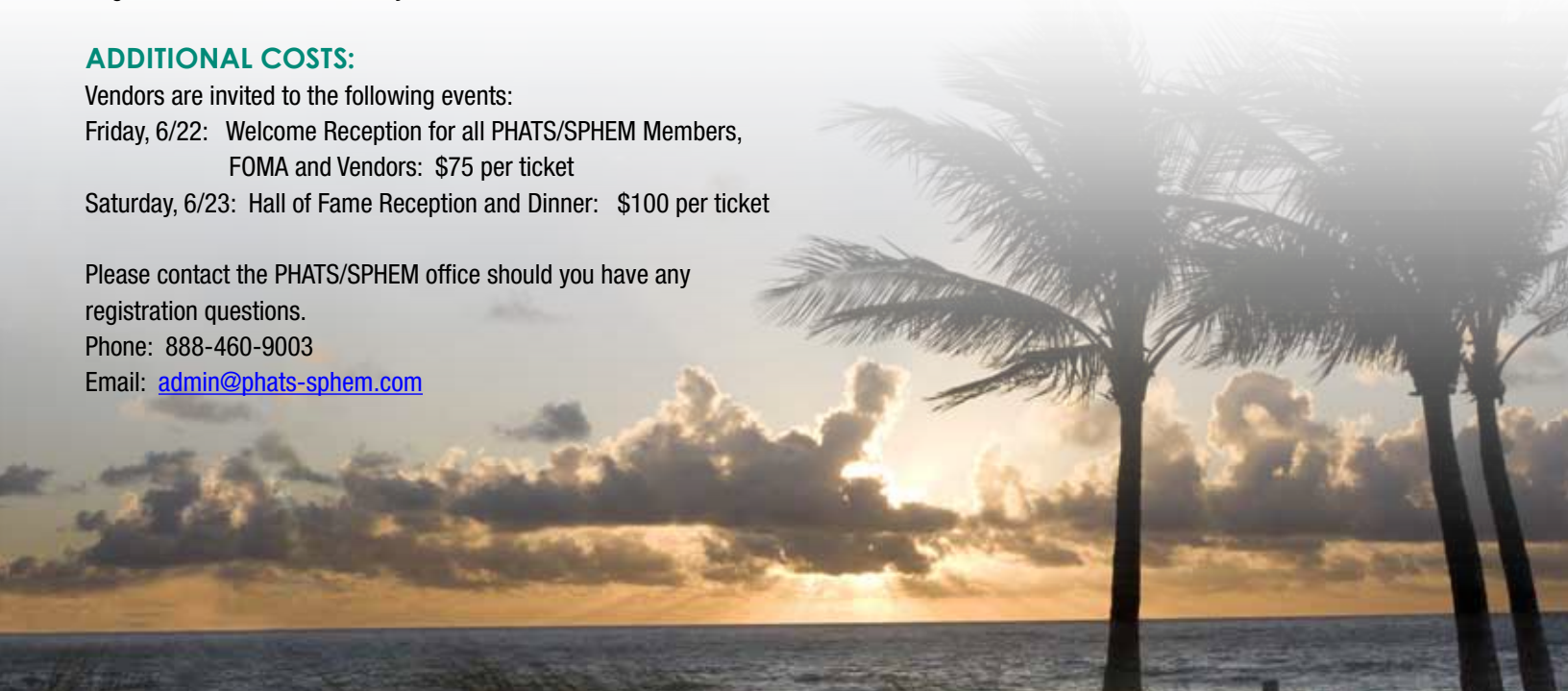
Friday, 6/22: Welcome Reception for all PHATS/SPHEM Members,
FOMA and Vendors: \$75 per ticket

Saturday, 6/23: Hall of Fame Reception and Dinner: \$100 per ticket

Please contact the PHATS/SPHEM office should you have any registration questions.

Phone: 888-460-9003

Email: admin@phats-sphem.com



Congratulations to the 2012 Milestone Recipients for Games Worked!

Professional Hockey

1,000 GAMES

Dennis Brogna
Tim Clark
Tony Deynzer
Wes Howard
Tom Mulligan
Jason Serbus
Patrick Steidle
Doug Tretiak

Head Athletic Trainer
Head Athletic Trainer
Head Equipment Manager
Asst. Athletic Trainer
Head Athletic Trainer
Head Athletic Trainer
Head Athletic Trainer
Head Equipment Manager

Louisiana IceGators
Anaheim Ducks
Colorado Eagles
San Jose Sharks
Tampa Bay Lightning
Phoenix Coyotes
Wilkes Barre-Scranton Penguins
Houston Aeros Hockey Club

1,500 GAMES

Tony Da Costa
Dana Heinze
Craig Kogut
Richard Krouse
Matthew Mitchell

Head Equipment Manager
Head Equipment Manager
Equipment Manager
Asst. Equipment Manager
Head Equipment Manager

Minnesota Wild
Pittsburgh Penguins
Chicago Wolves
New York Islanders
Oklahoma City Barons

2,000 GAMES

Steve Enlow
Bertrand Godin
Brian Papineau

Head Equipment Manager
Head Equipment Manager
Head Equipment Manager

Tulsa Oilers
St. Louis Blues
Toronto Maple Leafs

Major Junior Hockey

1,000 GAMES

Greg Mayer
Brian St. Louis

Athletic Therapist/Trainer
Athletic Therapist/Equipment Manager

Regina Pats
Baie-Comeau Drakkar

2,000 GAMES

Bryan Boyes

Head Equipment Manager

Oshawa Generals Hockey Club



PHATS/SPHEM 2012 Annual Meeting Sponsors



*If your company would like to be a sponsor at the PHATS/SPHEM Annual meeting, please contact the administrative office at 888-460-9003. Many opportunities still exist.**