

Impingement & Instability

A Unique Approach to the Treatment of Common Impingement and Instability Through PRI Reference Center Integration

Course Description

This advanced lecture and demonstration course will explore issues of impingement and instability as they relate to the Left AIC and Right BC pattern and associated reference centers. Participants will be able to immediately apply PRI clinical assessment and management skills when treating diagnoses such as calcaneal instability, knee instability, hip impingement, ilium instability, scapular instability, shoulder impingement, and multidirectional HG and FA instability. Guidance will be offered in assessing 'instability' and 'impingement' as related to early and late pathologic function following the asymmetrical human developed pattern (Left AIC/Right BC) of unilateral dominance, habit, and consistent hand and foot usage.

- Prior attendance of *Myokinematic Restoration and Postural Respiration* is strongly recommended.
- Please visit posturalrestoration.com for more information, including course objectives.

Course Information

June 12-13, 2017

**JW Marriott Phoenix
Desert Ridge Resort & Spa
Phoenix, AZ**



Course Instructor
James Anderson, MPT, PRC

PRI is recognized by the Board of Certification, Inc (BOC) to offer continuing education for certified athletic trainers. This course has been approved for a maximum of 15.0 hours of Category A continuing education. Approved Provider # P2376.



This course is also approved by the Canadian Athletic Therapists Association (CATA) for 6 CEU's.

Course Agenda

DAY ONE

7:30-8	Registration and Light Breakfast
8-9	PRI Concepts of Impingement and Instability <ul style="list-style-type: none"> • Associated Compensatory Patterns • Contributing Factors
9-10	Sagittal vs. Salamander (Frontal Plane)
10-10:15	Break
10:15-11	Interferences and Influences on Gait - An Intuitive Perspective by Ron Hruska <ul style="list-style-type: none"> • Unscientific Interactive Incident Intensity • PRI Gait Analysis
11-12	Left AIC Foot and Ankle Pattern
12-1	Lunch (on your own)
1-3	Calcaneal Instability
3-3:15	Break
3:15-5	Patellar Instability

DAY TWO

7:45-8	Sign-In and Light Breakfast
8-8:30	Overview of Tri-Planar Stability: T8 to Sacral Base
8:30-9	Femoral Instability
9-10	Pelvis Instability and Ischial Tendonitis
10-10:15	Break
10:15-12	Hip and Groin Impingement
12-1	Lunch (on your own)
1-2	Right BC PRI Treatment Guidelines
2-3	Scapular Thoracic Instability <ul style="list-style-type: none"> • Mechanics • Hruska Classification of Scapular Resting Position
3-3:15	Break
3:15-5	Scapular Thoracic Stabilization Related to Impingement and Instability

Registration & Fees

Registration Fee \$500

Registration online at:

<http://www.cvent.com/d/wvqbxv>